





A Message From Our Director

Angela J. Smith

think for all of us, 2020 was filled with challenges, experiences and lessons that were or felt new. I came to appreciate with fresh eyes a few important things this year-hugs, time together, loved ones, life and health! Also among the lessons was the value of being community. I think our best quality is that when the chips are down, we come together to help our neighbors. What an important quality that has been in 2020. From the Fisher-Titus family to yours, thank you for the big and small ways you supported us this year. On the most overwhelming, exhausting and scariest days of the pandemic caring for our neighbors, your kind words, cards, artwork and meals have kept us going.

My wish for you and our community in 2021 is for health, rest, togetherness and hope. It is in this spirit that Fisher-Titus and the Fisher-Titus Foundation are looking ahead in 2021

to plan for the future and health of the community. The Foundation will be supporting three important projectsan ambulance replacement project for North Central EMS (to help financially sustain this vital community service), a new Cardiac Cath Lab (to enhance quality and safety in preventive and emergency cardiovascular care in the community), and securing the future of health care for our seniors (with a capital campaign to add capacity and services for Norwalk Memorial Home). I hope you will learn more about these projects and our work in this and future editions of the Fisher-Titus Foundation Newsletter.

Wishing you and yours a healthy, prosperous and joy-filled new year!

Angie Smith, Director, Fisher-Titus Foundation

SPOTLIGHT:

Fisher-Titus A year in review

2020 has been filled with recognitions and awards for Fisher-Titus, including:

- Top 10 Ranking in Ohio for Commitment to Care – The Lown Institute, ranked Fisher-Titus #8 of Ohio's 123 hospitals in their index for inclusivity, high value care, and community benefit.
- Newsweek Best in Maternity Care Newsweek listed Fisher-Titus among the 250 Best Maternity Care Hospitals in the nation in 2020.
- Stroke Gold Plus American Heart Association/American Stroke Association again awarded Fisher-Titus with its Get with the Guidelines-Stroke Gold Plus Quality Achievement Award
- First WavelinO Fistula Creation in Northwest Ohio - The WavelinQ procedure created a fistula used for dialysis endovascularly (a minimally invasive procedure providing access for kidney dialysis).
- Leap Frog Grade A Top grade for hospital
- Ten Years without Ventilated Assisted Pneumonia - Reached in July 2020.

For Health. For Community. For Our Care.

How You Can Help...

Engage Volunteer

Inspire

Fundraise

Support

To learn more or to get involved, call 419-660-2920 or visit www.fishertitus.org/foundation.

Calendar of Events:

\$10,000 BLOOMING CASH RAFFLE

Ticket sales Fri., Jan. 15, 2021 through Tue., Mar. 23, 2021 for your chance to win \$10,000!

- Early Bird Drawing for \$1,000 on Thu., Feb. 25, 2021; buy your tickets by Mon., Feb. 22 to be entered.
- Grand prize Drawing for \$10,000 on Fri., Mar. 26, 2021; buy your tickets by Tue., Mar. 23 to be entered.
- · For more information or to buy tickets, visit www.fishertitus.org/donate or see the \$10,000 Blooming Cash Raffle flier in this newsletter.

32ND ANNUAL FISHER-TITUS **FOUNDATION GOLF TOURNAMENT**

Save the date for the 2021 golf outing Wed., Aug. 4, 2021. Watch your mailbox for your save the date card with details in Feb. To be added to our mailing list, contact Valerie Christian at 419-660-2920.



Supporting the Right Care, Right Here

In 2021, the Fisher-Titus Foundation will support three major projects that will invest in Quality, Safety, Access and Affordability in services for our community into the future.

Modernization of a Cardiac Cath Lab

Providing excellent heart and vascular care locally is important for our residents given the prevalence of heart and vascular disease and emergencies. The Snyder/White Heart and Vascular Center at the Fisher-Titus Medical Center will be renovating and replacing a cardiac catheterization laboratory as well as a new cardiac monitoring system for Cardiac and Pulmonary Rehab in 2021. The present Cardiac Cath Lab was designed before Level II designation and before many of today's procedures were being performed here. The new Cardiac Cath Lab will be upgraded with an entire suite of state-ofthe-art technology to support the next 10 years of excellence in cardiovascular care in the community by investing in:

- Integrated HD technology and equipment, critical to bring all high resolution images of arteries and veins together on one large HD screen during procedures, and to integrate with all equipment.
- A ceiling mounted "C arm" and operating table that integrates with all technology and equipment.
- Advanced technology and diagnostic tools with lower radiation doses to patients and healthcare workers.
- Redesign of the Cath Lab to perform both cardiac and vascular procedures,

North

and to support the skill level of today's Fisher-Titus Cardiovascular Team.

North Central EMS Ambulance Replacement

Reliable, life-saving emergency medical services for our community is vital to our health and safety. With a service area spanning roughly 530 square miles, North Central EMS provides care to over 60,000 people with stations located in Norwalk, Milan, Berlin Heights, Greenwich, Bellevue, Green Springs, and Monroeville. Because they serve a larger geographic area with a lower population density, North Central EMS operates at a financial loss that is subsidized by Fisher-Titus, and supported by the municipalities served and by donations to the Fisher-Titus Foundation.

Approximately 8 to 9 ambulances are on the road at any time. Each North Central EMS ambulance runs up to 600 miles per day. The average service life for an ambulance is 350,000-400,000 miles. North Central EMS controls maintenance costs and extends the life of its ambulances by servicing them in-house. The combined total mileage for the current ambulance fleet is over 2.4 million miles, with an average of 186,000 miles on each ambulance.

Senior Campus

Fisher-Titus is imagining the future of senior care, building on a strong tradition of exceptional care for area seniors at Norwalk Memorial Home--beginning in the 1950s at 269 West Main Street then at 272 Benedict Avenue since 1985.

Limitations to the Norwalk Memorial Home's current facility have been limiting the services we can provide to our community at a time when a significant portion of our population is aging. As



Cardiac Cath Lab & Rehab

demographics, geriatric medicine, and the needs and expectations of our seniors have evolved, Fisher-Titus is recommitting to provide our community with access to the latest in senior health care while remaining close to their loved ones in our community. With the senior campus project, we are looking to improve efficiencies; improve safety for residents, visitors, and staff; improve access to services not currently available at the Norwalk Memorial Home; and prepare for the future needs of the community for decades to come. Our vision includes:

- · Memory care;
- · On-site dialysis;
- · Hospice care within the facility;
- · Improved dining experience;
- · Improved bathroom accessibility;
- · Additional private rooms;
- · A more residential feel;
- Improved views, natural lighting and outdoor spaces;
- · More resident space; and
- A location adjacent to The Carriage
 House for loved ones requiring different levels of care.

What is your vision for the future of senior care? We want to hear from you.

As the pandemic allows, we will be hosting interested community members to help shape the future of senior care at Fisher-Titus. Please reach out Angie Smith at 419-660-2528 or ajsmith@ftmc.com to be added to future surveys and senior care receptions.



fishertitus.org

Despite visitor restrictions and limitations to events, the Fisher-Titus Auxiliary raised \$75,000 in 2020 to enhance the care and comfort of our residents at Norwalk Memorial Home and The Carriage House. Thank you!

Why They Give – FARID SAID, M.D.



"It is easy for our staff and community to take our facilities and services for granted," reflected Farid Said, MD, FACSD, Family Medicine and

General Surgery, about the Fisher-Titus health system. "When my brother, who is also a surgeon, and my nephews come to visit they are amazed by our facilities, equipment and services for a community our size. We only have this because we have a long history of strong leadership and because our community values and supports us."

Dr. Said joined Fisher-Titus medical staff in 1975. During his 45-year tenure, he has witnessed:

Construction of the Morse Wing,
 Patient Pavilion, the Rehab Center, the
 Cancer Care Center, the Heart and
 Vascular Center, the Pain Management

Center, and the North Side Campus;

- Construction of Norwalk Memorial Home and the Medical Park on the Fisher-Titus campus;
- Construction of satellite offices throughout the region;
- The addition of EMS service, primary care, specialty care;
- Redesigns and new technology for the Emergency Department, Admitting & Registration, Surgical Services, Laboratory and Endoscopy Center; and
- Countless technological breakthroughs and treatment advances, like robotic assisted surgeries.

"Dr. Said inspires and challenges me to do more for our patients and community through the Foundation," said Angie Smith, Director of the Fisher-Titus Foundation. "His perspective, generosity and optimism remind me that we are benefitting from the vision and sacrifices of those who came before us, and that we are called to do the same. What a legacy he

continues to leave at Fisher-Titus and in our community."

Because Dr. Said has witnessed from the inside how these improvements have driven continuous improvements in patient care, healthcare quality, patient outcomes, safety, patient access to services, and a focus on affordability, he has committed time and treasure to the Fisher-Titus Foundation.

"It has been my joy and honor to serve this community and health system," said Dr. Said. "It is with mixed emotions that I retire from Family and Surgical Medicine, effective January 1, 2021. One of the ways I will continue to serve is through my work with the Fisher-Titus Foundation. I believe in what we can do together. I am excited about the projects ahead in 2021. If you are able, I would ask you to consider a gift to the Fisher-Titus Foundation in support of these projects or to our Greatest Need Fund."